

The Hillandale Bulletin

January, 2004

See us at: <http://www.hillandale-md.org/>

or

Contact us at: newsletter@hillandale-md.org

January Association Meeting

The Hillandale Citizen's Association's January meeting will take place on January 28th at the CHI Centers on New Hampshire Avenue. The meeting will start at 8 PM. Aside from the usual community business; our guest for the evening will be Shane Pollin, VP of Development for Ralph Duffie, Inc. Duffie, Inc is the owner and management company for the Hillandale Shopping Center and the old Shoneys located on Elton Rd. The HCA executive committee feels that it is important for us to participate as much as possible in the future development of the shopping center and the old Shoneys site. We would love to see you there.

West Hillandale Women's Club

"An Update on Diabetes" is the featured program for the February 12th meeting of the Women's Club. Come with your questions about this important topic. The presenter will be Linda Nuttall, Educator at Holy Cross Hospital.

All meetings start at 7:30 PM and are held at Cresthaven Elementary School, 1234 Cresthaven Drive. Programs start at 8:00 PM followed with refreshments and socializing. Come and be informed.

While you are at it, pencil in some time for the March 11th meeting where Nancy Dezan, Education Manager of the Alzheimer's Association of the National Capital Area will speak on "Reducing the risk of Alzheimer's ." Learn about the new exciting research in this field.

Are you prepared?

With the advent of freezing weather, frozen pipes can be an issue. We have also seen a rash of pinhole leaks in our neighborhood in the past few years. Interior home damage from leaking water can be severe. Does every one in your family know where the main water shutoff is and how to turn it off? Do they know how to shut off the gas? How about the main electric breaker?

In an emergency, it is critical that family members know this stuff. Every one who that is old enough to stay at home alone needs to know this information. Make sure the shut offs for water, gas and electricity are well marked. This simple step can save you lots of money in the future.

Going on at the Library

The White Oak Library will have its Evening Adult Book Discussion for the month of February at 7:30 PM on the 12th. The featured book will be YEAR OF WONDER, A NOVEL OF THE PLAGUE by Geraldine Brooks. The discussion will last one hour. To register call: 301-622-2492.

Leave your remote at home and expand your mind. Of course, we suggest that you actually read the book beforehand....

Time to slow down

We have been contacted twice this past month by concerned neighbors who are worried about motorist speeding through the neighborhood. Usually, the posted speed limit on residential streets is not more than 25 MPH. It is time for all of us to consider how fast we are driving in our and other neighborhoods. It is time to slow down.

Due to a technical glitch, the November bulletin was not delivered before the November Association meeting. As a result, the meeting was canceled. We regret this, but would like to remind all readers that the bulletin is always posted for you to read at our own Hillandale web site. Generally the bulletin is posted on the site well in advance of it being mailed out. If for some reason you missed your delivery of the bulletin you can read it by going to the web address listed above.

Pets in Winter

The US Humane Society is offering the following suggestions to help keep all pets safe through the cold winter months.

* Don't leave pets outdoors when the temperature drops below freezing. Dogs need outdoor exercise but take care not to keep them out for lengthy periods during very cold weather. Short-coated dogs may feel more comfortable wearing a sweater during walks. Dogs and cats are safer indoors in all sorts of weather.

* Wind-chill can threaten a pet's life, no matter what the temperature. Outdoor dogs must be protected by a dry, draft-free doghouse that is large enough to allow the dog to sit and lie down comfortably, but small enough to hold in his/her body heat. The floor should be raised a few inches off the ground and covered with cedar shavings or straw. The house should be turned to face away from the wind, and the doorway should be covered with a flap of heavy waterproof fabric or heavy plastic.

* Pets spending a lot of time outdoors need more food in the winter. Keeping warm depletes energy. Routinely check your pet's water dish to make certain the water is fresh and not frozen. Use plastic food and water bowls rather than metal; when the temperature is low, your pet's tongue can stick and freeze to metal.

* Warm car engines are dangerous for cats and small wildlife. Parked cars attract small animals who may crawl up under the hood looking for warmth. To avoid injuring any hidden animals, bang on your car's hood to scare them away before starting your engine.

chemicals used to melt snow and ice can irritate the pads of your pet's feet. Keep a damp towel handy so you'll remember to wipe their feet.

* Antifreeze is a deadly poison. However, it has a sweet taste that attracts animals and children. Wipe up spills and store antifreeze out of reach. Better yet, use antifreeze-coolant made with propylene glycol; if swallowed in small amounts, it will not hurt pets, wildlife, or people.

The HSUS is the nation's largest animal protection organization with over seven million members and constituents. The HSUS is a mainstream voice for animals, with active programs in companion animals, wildlife and habitat protection, animals in research and farm animals and sustainable agriculture. For nearly 50 years, The HSUS has protected all animals through legislation, litigation, investigation, education, advocacy and field work. The non-profit organization is based in Washington, DC and has 10 regional offices across the country.

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